

ISGW Women's Group

For women only, this interactive program will allow participants to practise their English conversation skills while gaining knowledge of a wide variety of topics.

Make new friends
Improve your English
conversation skills
Connect to your
community

UPCOMING TOPICS:



March 21, April 4, 18, May 2, 16, 30, June 13 and 27

Manicure, Pedicure, Hair

with **JAMIE BROWN**

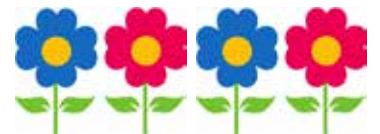
Hair Styling and Aesthetics and Cooperative Education Teacher
Our Lady of Lourdes Catholic High School

April 11, 25, May 9, 23, June 6, and 20

Indoor/Outdoor Gardening Program

with a Registered Horticultural Therapist - **THE JULIEN PROJECT**
Learn about plant care and grooming, container gardening

Light refreshments will be provided. Bus tickets are available.
This is a child-friendly program.



Thursdays, 10:30 am - 12:30 pm

New topics every few weeks.

For information contact **Binaya**

519-836-2222, ext.230

or email: bnyaupane@is-gw.ca

www.is-gw.ca

IMMIGRANT SERVICES 
Guelph-Wellington

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